NIGERIAN SCHOOL HEALTH JOURNAL

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Nigerian School Health Association (NSHA)

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Volume 37, Numbers 1 (January), 2025

General Submission Guidelines for Potential Authors

Nigerian School Health Journal welcomes articles that should ideally be focusing on contemporary health and other related discipline issues confronting the health of school and community members. Articles must not be more than **14 pages** t including tables, figures and references. The title should not be more than **23 words**, encapsulating the essence and content of each article. The abstract should be not be more than **150 words** and should have not more than **4 keywords** that can be used for indexing purposes and that represents the main content of the article. The article should start with a title page indicating author affiliations/ address and email .For organization of article, please follow thus;

- **Title page** should not be more than 23 words with author affiliations address, and email of the corresponding author .
- **Introduction** (Make it strong with personal and other authors' ideas from relevant and up to date articles. It should clearly reveal the essence of the paper or study (gap in knowledge). Authors should not state purpose, objective, hypothesis, significance of study, definition of terms etc.
- **Methodology** (research design, population, sample and sampling technique instrument, validity, reliability, ethical issues, statistics)
- Results (first state the problem and or hypothesis and present result one after another in past tense)
- Discussion (with relevant up to date literature)
- Conclusion-(including recommendations that should be relevant to the study population and location of the study)
- References (not more than 25 references .Font is Arial Narrow and font size of 1 2. Please note, footnotes should not be used.

Some examples of references

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Book with two editors instead of author.- Opareke, M., & Okueso, s. (Eds.). (2018). *Health education today* Ibadan: Pinnacle Press.

Essay, chapter, or section in edited work. Oladipupo, B. (2018). Adolescent health In L.F. Biobaku (Ed.), *Lifespan and health* (pp. 27-43) Ibadan: Wood Press

Sole authour of a book- Blessing, S. (2017). *Nutrition* Ibadan: College Height Press

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EDITORIAL

As usual, I feel highly honoured to see to the release of Volume 37, Number 1, January 2025 edition of this journal to the warm hands of its reading public. This edition is very educative containing many articles like;

Influence of Genetic Predispositions and Environmental Factors on the Emotional Wellbeing of Young People, Family Characteristics as Predictor of School-Related Gender-Based Violence among Adolescents, Impact of Health Education Intervention on Knowledge of Menstrual Disposal among Female Adolescents and Social Media Health Misinformation: Consequences and Solutions .

Worthy of note also, are articles on; Road Traffic Accidents in Nigeria: Understanding the Risk and Preventive Factors, Knowledge and Utilisation of Modern Contraceptives among Female Primary School Teachers, Effectiveness of School-Based Health Education in Promoting Healthy Behaviours among Adolescents, Relationship Between Physical Activities and the Mental Well-Being among Health Workers Environmental Health Education as Precursor for Safer Environment, Recreational Sports and Mental Health among Postgraduate Students and Push and Pull Factors as Predictors of Migration among Health Care Workers in Tertiary Hospitals.

I thank all authors, assessors/reviewers and members of the Editorial Team and our press for working with understanding to ensure "the birth of this edition" despite its associated challenges. It is hoped that this edition will meet the needs of students, researchers and policy makers in advancing knowledge in health related issues.

Prof. O.A. Moronkola, JP, FIMPD, FNSHA, MNAE, nssmfe **Editor-in- Chief**