

# **NIGERIAN SCHOOL HEALTH JOURNAL**

**Volume 37, Number 2 (June), 2025**

**Nigerian School Health Association (NSHA)**



# **NIGERIAN SCHOOL HEALTH JOURNAL**

**Volume 37, Numbers 2 (June), 2025**

### General Submission Guidelines for Potential Authors

Nigerian School Health Journal welcomes articles that should ideally be focusing on contemporary health and other related discipline issues confronting the health of school and community members. Articles must not be more than **14 pages** including tables, figures and references. The title should not be more than **23 words**, encapsulating the essence and content of each article. The abstract should be not be more than **150 words** and should have not more than **4 keywords** that can be used for indexing purposes and that represents the main content of the article. The article should start with a title page indicating author affiliations/ address and email .For organization of article, please follow thus;

- **Title page** should not be more than 23 words with author affiliations address, and email of the corresponding author .
- **Introduction-** (Make it strong with personal and other authors' ideas from relevant and up to date articles. It should clearly reveal the essence of the paper or study (gap in knowledge).Authors should not state purpose, objective, hypothesis, significance of study, definition of terms etc.
- **Methodology** (research design, population, sample and sampling technique instrument, validity, reliability, ethical issues, statistics )
- **Results** ( first state the problem and or hypothesis and present result one after another in past tense)
- **Discussion** (with relevant up to date literature)
- **Conclusion-**(including recommendations that should be relevant to the study population and location of the study)
- **References** (not more than 25 references. **Font is Arial Narrow and font size of 12. Please note, footnotes should not be used.**

### Some examples of references

**Journal Article-** Moronkola, O, A., Kalesanwo, O. O., & Igbudu, U. (2025). Prevalence of malaria among school children in Nigeria *Journal of Health Studies*, 307(5), 772–788.

**Book with two editors instead of author.-** Opareke, M., & Okueso, s. (Eds.). (2018). *Health education today* Ibadan: Pinnacle Press.

**Essay, chapter, or section in edited work..** Oladipupo, B. (2018). Adolescent health In L.F. Biobaku(Ed.), *Lifespan and health* (pp. 27-43) Ibadan: Wood Press

**Sole authour of a book-** Blessing, S. (2017). *Nutrition* Ibadan: College Height Press

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**EDITORIAL**

A big congratulation to SHEPAN (formerly NSHA) for the 50<sup>th</sup> anniversary holding at this year's conference and for the production of 37th edition of this journal. I wish to thank all founders of the association and that of the journal most of those I happened to have met or worked with though many have passed on. They gave all they needed to do to keep the association and the journal alive. We thank God that the legacy they left is religiously being defended despite numerous challenges. I am so glad to be associated with the journal as member of the editorial team for about 25 years. For this edition, there are impactful and informative articles. As usual, I feel highly honoured to see to the release of Volume 37, Number 2, June 2025 edition of this journal to the warm anticipatory hands of its reading public.

This edition is also very educative and contains many articles like; Factors Influencing Mental Health Awareness among Adults in Benin Metropolis, The Role of ICT in Health Promotion (HP): A Perspective on Physical Activity (PA) and Wellness Information, Health Promotion through Adult Education: A Precursors for Sustainable Development, AI-Driven Healthcare: Assessing the Impact of Artificial Intelligence in Health Education, Health Promotion and Health Management of Athletes, Emergency Preparedness in School Health Services: A Study of Secondary Schools, Teaching Professionalism in Health Education Towards Growth/Development as Perceived among Tertiary Institutions Health Educators, Effectiveness of School-Based Health Education in Promoting Healthy Behaviours among Adolescents and Knowledge Attitude and Practice of Checking Food Labels among Pre-Service Teachers.

I thank all authors, papers assessors, members of the Editorial Team and our press for their dedication over the years to ensure the continuous production of the journal for the past 36 years despite associated challenges. It is hoped that this edition will meet the needs of students, researchers and policy makers in advancing knowledge in health related issues.

**Prof. O. A. Moronkola**, *JP, FIMPD, FNSHA, MNAE, nssmfe*

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